



# **SPANDAGRIP™**

**TUBULAR ELASTIC  
SUPPORT BANDAGE**



## **HOW TO APPLY**

- 1) Cut a length of SpandaGrip to fit the limb or area to be covered.**
- 2) Allow an extra 2-3cm (1 inch) for overlap or fold over.**
- 3) Draw the tubular bandage carefully over the limb or area like a stocking.**
- 4) A single layer *only* is recommended.**

**SpandaGrip stays in place without clips, pins or tape!**



**Refer to the SpandaGrip Compression Measurement - Sizing Chart for specific pressure.**